## THIS WEEK'S LACDMH PIO RADIO SHOW FEATURES LACDMH'S DIRECTOR, MARVIN SOUTHARD, D.S.W. By Karen Zarsadiaz, Public Information Officer II



Tune in with the Los Angeles County Department of Mental Health (LACDMH) Public Information Office (PIO) as we continue our weekly radio show with Free Your Mind Projects this Sunday morning, June 19<sup>th</sup>, on Clear Channel radio station, KTLK-AM (1150AM) from 7:30-8:30 A.M.

Grab a cup of coffee and listen to the hour-long program designed to promote awareness on mental health issues. This week's show includes LACDMH PIO Director, Kathleen Piché, who will be interviewed along with the Director of LACDMH, Marvin Southard, D.S.W.

On this week's "Free Your Mind Projects Radio Show", the conversation will focus on LACDMH, the Mental Health Services Act (MHSA), its current programs and future plans. Dr. Southard will talk in-depth about the various activities and campaigns happening at LACDMH as well as look ahead to what's coming with health care integration.

Broadcasting every Sunday, the weekly "Free Your Mind Projects Radio Show" provides information about various mental health topics and related issues of the day. The show is part of LACDMH's Prevention and Early Intervention (PEI) social inclusion campaign. It creates a forum to educate the public about barriers surrounding treatment for those diagnosed with mental illness, including stigma.

The "Free Your Mind Projects Radio Show" can be streamed live on <a href="https://www.ktlkam1150.com">www.ktlkam1150.com</a>. If you miss the broadcast, you can also catch the podcast on the Free Your Mind Projects website, <a href="https://www.freeyourmindprojects.com">www.freeyourmindprojects.com</a>.